

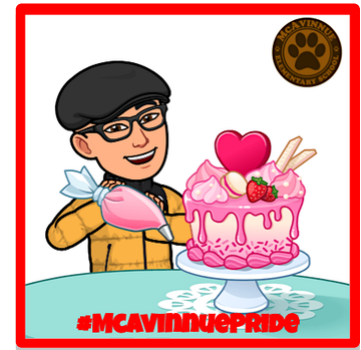
The Lion's Roar

McAvinnue's Community Newsletter: Week Of February 6th

McAvinnue's Principal's Message

Hello McAvinnue Community!

What a way to end this week! It was down right freezing on Friday afternoon during dismissal. It was great to see that a large majority of our students were dressed for the frigid weather with heavy coats, hats, and gloves. Moving forward, it is important that your child arrives to school each day with appropriate gear that matches the weather forecast. If you need any of the items previous mentioned, please don't hesitate to contact the Main Office for support. We have access to several new winter coats, hat and gloves for our students. Just let us know and we will take care of everything!



We had a very productive week at McAvinnue! We are still conducting various benchmark assessments with our students. We will use the progress data obtained from these assessments to continue to design meaningful lessons as well as provide a level of intervention support for those students that are not progressing in an the expected manner. Our teachers have just completed the Fountas & Pinnell reading benchmark assessment and the iReady reading diagnostic assessment this past week. We are eager to see the great reading progress our students are making. We will move forward with the iReady math diagnostic benchmark assessment this up and coming week. You will receive the results of these assessments in the student progress reports that will be sent home on Wednesday, February 15th. Be on the lookout for these in your child's purple communication folder.

We have a few exciting events at McAvinnue that will be coming up soon. Our Grade 2 students have been working very hard on a musical showacase called "Colors: We're Better Together"! This performance will occur on Friday, February 17th at 9:30 AM. This is going to be amazing! Also, we have sent home sign-up information for a fantastic FREE evening event at McAvinnue called "Top Secret Science" coming up on Tuesday, March 7th at 5:15 PM - 6:45 PM in the cafeteria. This event will allow you and your child to have some Science fun by creating multiple fun take-home experiments. We have worked previously with "Top Secret Science" and they are a top notch experience that our students really enjoyed. Don't miss out on this tremendous FREE opportunity. Please see below for more information!

Finally, we have reached a school year milestone this up and coming week. We will reach the 100th day of school on Wednesday, February 8th. This is always an exciting day at our school where the focus of many of our lessons and activities center on the number 100! Stay tuned for pictures coming soon!

Here are a few items that you need to be aware for this up and coming week. Please mark your calendars for the following events and activities that will occur at McAvinnue:

- **Monday, February 6th** - McAvinnue Reopens
- **Monday, February 6th - Friday, February 10th** - iReady Math Diagnostic Window (Grades 1 - 4)
- **Wednesday, February 8th** - 100th Day Of School

You will find additional details for the events and activities list above in this edition of McAvinnue's "Lion's Roar" Community Newsletter.

As usual, we are looking forward to another amazing week at the "best school that we all know"!

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a mdomina@lowell.k12.ma.us.

100th Day Of School: Wednesday, February 8th



STEAM Studio Family Night!

New this year! STEAM Studio Family Night!

FREE night of STEM activities With Top Secret Science!!!



Tuesday March 7, 2023

5:15 PM -6:45 PM

McAvinnue School Cafeteria

All students are invited to join us for a fun filled night of hands-on STEM activities. Students may attend with one adult family member and will get to take home several experiments that they made during the program!!

This **FREE** amazing fun-filled night is limited to the first 70 students that respond by sending back the bottom portion of the flyer!!! Don't delay and miss this fun filled opportunity!!!! No exceptions will be made as the cafeteria can only hold a limited number of people.

Paper sign-up flyers will be going home this week! Make sure to look for it in your child's folder, sign up, and send back the bottom portion of the flyer ASAP!!! Don't miss out on a **FREE** fun filled night with your child!

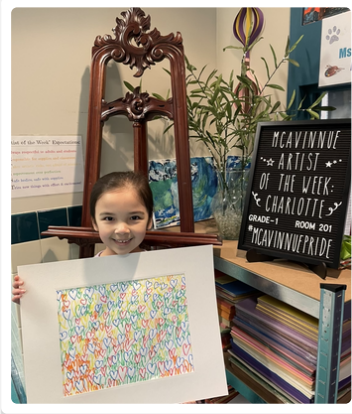
Want to check out more....watch the video below and click the link to see what Top Secret Science is all about!

<https://topsecretscience.org/>

Top Secret Science

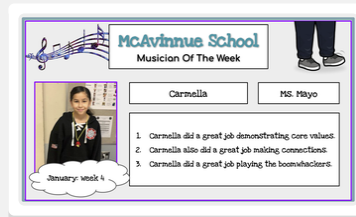


McAvinnue's Week In Review



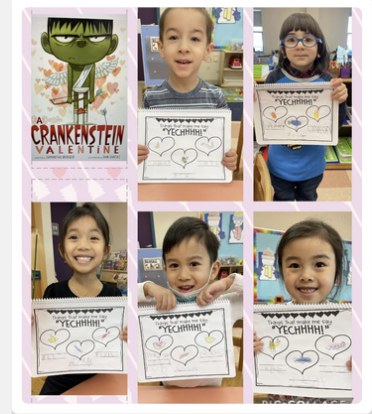
McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Charlotte in Room 201! Charlotte used Markers to create a design using heart shapes that completely fill her paper. Her colors choices create a balance of warm and cool colors. Excellent example of determination and craftsmanship!



McAvinnue's "Musician Of The Week"

McAvinnue's "Musician Of The Week" is Carmella in Room 304! Check out all of the great things she has done to be recognized for this prestigious recognition! Amazing effort!



A Crankenstein Valentine!

PreK students in Ms. Annie's classroom enjoyed reading "A Crankenstein Valentine"! Students had a chance to reflect and write down things that make them say "Yechhhh!" We love this!



Movie Time!

You know what happens when you complete 10,000 puzzles in ST Math? You get to have a Pajama Day with a movie and popcorn! Nice work Kindergarten students in Room 208!



Lets Make Some Valentines!

Who needs to buy valentines when you can make them during Art class! Check out these great valentines made by Kindergarten students in Room 207 this week. Can you feel the love?



Good News From The After School Program!

Students in the Lego Engineering and Robotics group worked on a challenge that involved building a lego version of a object that was on a card that they randomly selected. Check out the really cool designs!

ST Math Good News: 100% Progress & Beyond!

Week Of February 6th



MCAVINNUE'S ST MATH PROGRESS CHAMPIONS





HABIB - ROOM 205



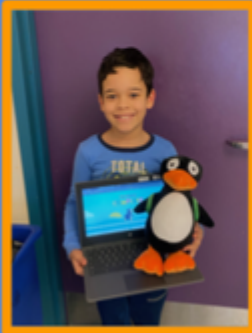
JULIOUS - ROOM 101



BRAD - ROOM 108/304



McAVINNUE'S ST MATH PROGRESS CHAMPIONS



CAIO - Room 204



DEAN - Room 302



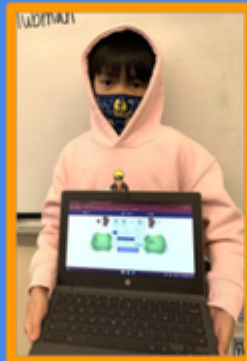
DEV- Room 202



McAVINNUE'S ST MATH PROGRESS CHAMPIONS



KHAUY - Room 309



RAUDEN - Room 102



VASIL- Room 309

ST Math Weekly Update: Week Of February 6th



ST Math®

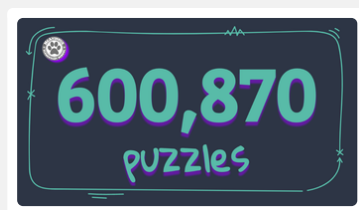
Check out our ST Math updated weekly celebrations below!

What an amazing month of puzzle play for McAvinnue! Over 600,000 puzzles have been solved by students! Students continue to break records at McAvinnue with their commitment and hard work with this interactive and engaging Math platform!

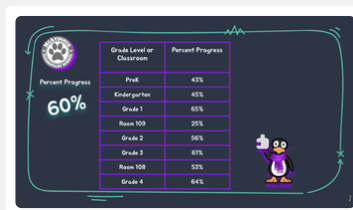
Percent Progress Averages continue to impress! Our school reached 60% Percent Progress! We are well on our way to reaching 100% progress as a school by the end of this school year. This would be an unbelievable accomplishment to say the least!

During the month of January, McAvinnue's Winter Waddle took place. Nearly 100,000 puzzles were solved. We have included the final top by winning classrooms below. They will now hold the coveted ST Math JiJi trophy and have a chance to participate in the "February Freeze" which is a super fun 30 minutes of action-packed games in the gymnasium with Mr. Domina and Mrs. Bellerose!

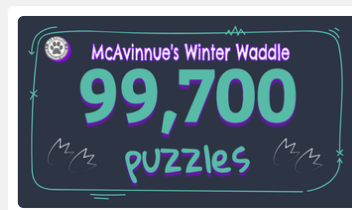
JiJi and McAvinnue are always ready for the next challenge! February has just begun but March Mathness is heading your way. Stay tuned for weekly updates!



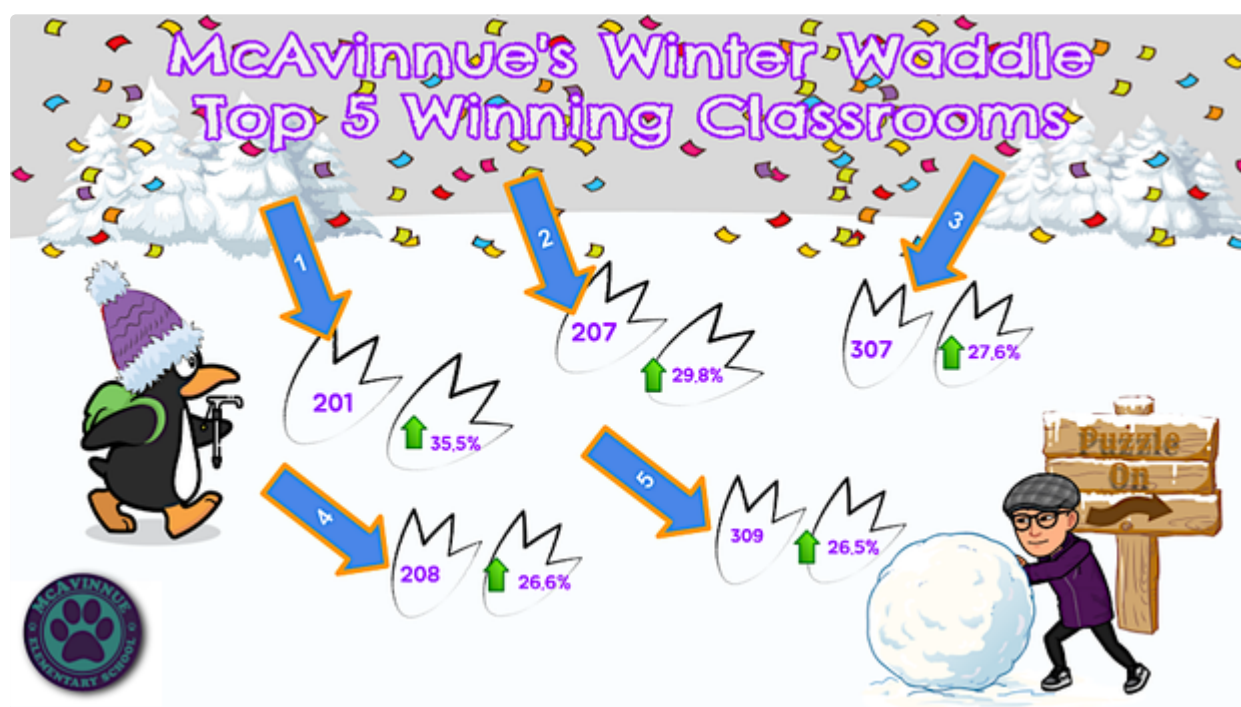
Total Puzzles Completed



Percent Progress Update



McAvinnue's "Winter Waddle" Total Puzzle Count



McAvinnue's Student Daily Attendance Policy

Please click the links below to access McAvinnue's Student Attendance Policy for the 2022-2023 academic school year. For your convenience, we have included the policy flyer in multiple languages.



If you have any questions, please don't hesitate to reach out directly.



Attendance English.pdf

[Download](#)

1.2 MB



Attendance Spanish.pdf

[Download](#)

1.7 MB



Attendance Portuguese.pdf

[Download](#)

1.8 MB



Upcoming Events

Here are important dates to remember for the month of February:

- **Monday, February 6th** - McAvinnue Reopens
- **Monday, February 6th - Friday, February 10th** - iReady Math Diagnostic Window (Grades 1 - 4)
- **Wednesday, February 8th** - 100th Day Of School
- **Tuesday, February 14th**: Valentine's Day
- **Wednesday, February 15th** - Student Progress Reports (Grades 1 - 4)
- **Friday, February 17th** - Grade 2 Musical Showcase: "Colors: We're Better Together" @ 9:30 AM - 10:30 AM
- **Monday, February 20th - Friday, February 24th** - Winter Break - No School

- Monday, February 27th - McAvinnue Reopens

iReady Benchmark Assessments

The 2nd iReady Diagnostic window will open this up and coming week. The follow windows will be open district-wide:

- **Math - Monday, February 6th - Friday, February 10th**

The district has strongly encouraged all schools to test during the assigned weeks.

Please reach out to your child's teacher if you have any questions or concerns.



Check Out McAvinnue's "Virtual" Morning Announcements!

Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



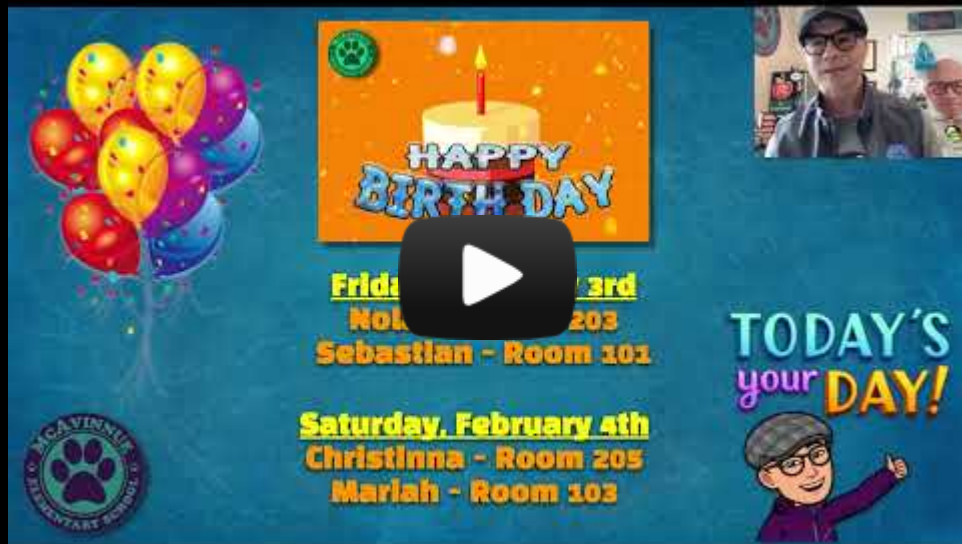
This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

https://www.youtube.com/channel/UC7hxiBuRjqjgASl_RLMleQ

If you want a peek of the latest edition of McAvinnue's "Virtual Morning Announcements", check out the video below!

McAvinnue's Morning Announcements 2.3.2023



McAvinnue's Yoga Pose Of The Week: "Geyster" Continued...

We will continue to practice the "Geyser" pose for this up and coming week. This pose will allow us to release tension by decreasing negativity and excess energy that will allow us to be ready to take on the next challenge with a clear mind and focused body! We will practice the "Geyser" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



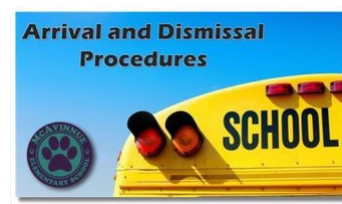
You can get an early head start and practice this technique before we launch into another exciting week!



Drop-Off & Pick-Up Logistics

Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

Pick-Up Logistics

Grade 1 will be dismissed out the Main Door

- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

School Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 24th. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students must have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

[Click Here For The LPSD "Bus Lookup Tool"](#)

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Bus Pass Lookup Tutorial



Need Info? FREQUENTLY ASKED QUESTIONS & ANSWERS

How can I update my contact information (phone number/email/address)?



- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the “contact us” form. Families who don’t have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school or use the online form found in this newsletter.

What should I do if my child needs a Chromebook or if my child’s Chromebook needs repairs?

- Families should contact their school to coordinate the issuing of a new Chromebook or to schedule repairs. After the school year begins, the district will resume its “tech tent” services and will inform families via email, text, and phone once the services resume.

How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have

a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

How old does my child need to be to enroll in preschool or kindergarten?

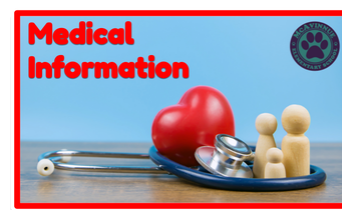
- A child must turn 4 years old on or before September 1, 2021, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

How do I apply for a transfer for my child to change schools in the new year?

- Per the 2021-22 School Assignment Policy, all students have the option to request one school transfer per year. Families can apply online by going to <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

Medical Information Reminder

Any students who have emergency medications (Epi-Pens, inhalers, etc.) or who will receive medication in school must have a medication order from the prescribing physician AND a completed consent form from the City Health Department.



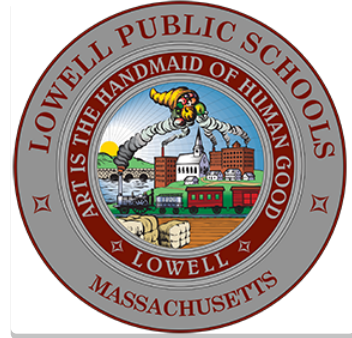
Forms and medication can be dropped off to Nurse Robin any time during the school day. However, it's ideal to drop things off between 9:10 AM - 9:30 AM each day.

Nurse Robin cannot administer ANY medications without a physician's order, including over-the-counter medications. Please make sure that the school nurse is provided refills in advance of any medication supply running out.

If you have any questions, please reach out to Nurse Robin directly,

Lowell Public Schools COVID Guidelines Update

Please see the message that was recently sent out regarding the latest COVID-19 guidance for this school year.



"Dear Lowell Public Schools Families,

We are looking forward to welcoming you all back to school on August 31st (Sept 7th for PreK and Kindergarteners) for the start of the 2022-2023 school year!

We would like to take this time to share the latest COVID-19 guidelines and policies:

- There will be no more in-school testing or contract tracing and schools will be distributing one last at-home testing kit, which will expire Sept. 29.*
- Masks are not required (except for in the school nurse's office), but staff and students who wish to wear a mask may do so.*
- Students and staff who do have a positive case of COVID-19 must stay out of school for a minimum of five days, but may return if symptoms improve on days 6-10 if they wear a high-quality mask.*

The Centers for Disease Control's latest COVID-19 guidance can be found here:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

We ask that you continue to stress good hygiene habits to your children, such as thorough hand washing and coughing into their elbows when they cough, and ask them not to share cups or water bottles with friends.

We strongly encourage all who are able to do so to receive the COVID-19 vaccine and subsequent boosters. We are thankful to our partners at the Massachusetts Department of Public Health, who provided vaccinations at our Back-to-School Block Party, which was attended by more than 3,000 people. To find a location to receive a vaccine or booster, as well as additional information about the vaccine, visit: <https://www.lowellma.gov/1523/COVID-19-Vaccine>"

2022-2023 School Year Calendar

Superintendent of Schools-Lowell Public Schools- Lowell, MA
2022-2023 School Year Calendar

Monday, August 29, 2022	Staff Return to School for Staff Orientation Day
Tuesday, August 30, 2022	Staff Professional Development Day at School Site
Wednesday, August 31, 2022	First Day of School - Grades 1-12
Friday, September 2, 2022	No School - Labor Day Recess
Monday, September 5, 2022 *	No School - Labor Day
Tuesday, September 6, 2022	No School for Students - Primary Election - Professional Day for Staff
Wednesday, September 7, 2022	First Day of School - Pre-Kindergarten & Kindergarten
Monday, October 10, 2022 *	No School - Indigenous Peoples' Day
Tuesday, November 8, 2022	No School for Students - Election Day - Professional Day for Staff
Friday, November 11, 2022 *	No School - Veterans' Day Observed
Wednesday, November 23, 2022	Early Dismissal - Thanksgiving Recess
Thursday, November 24, 2022 *	No School - Thanksgiving Day
Friday, November 25, 2022 *	No School - Thanksgiving Recess
Monday, November 28, 2022	Schools Re-Open
Friday, December 23, 2022	Holiday Vacation Begins at the Close of Day
Saturday, December 24, 2022 *	Christmas Eve [Holiday Vacation: Saturday, December 24 - Sunday, January 1, 2023]
Sunday, December 25, 2022	Christmas Day
Monday, December 26, 2022 *	Central Office and Family Resource Office Closed
Friday, December 30, 2022 *	New Year's Eve
Sunday, January 1, 2023	New Year's Day
Monday, January 2, 2023 *	Central Office and Family Resource Office Closed
Tuesday, January 3, 2023	Schools Re-Open
Wednesday, January 11, 2023	Wednesday - Early Release for grades PreK-12
Monday, January 16, 2023 *	No School - Martin Luther King, Jr. Day
Friday, February 17, 2023	Mid-Winter Vacation Begins at the Close of School
Monday, February 20, 2023 *	President's Day [School Vacation: Monday, February 20 - Friday, February 24, 2023]
Monday, February 27, 2023	Monday - Schools Re-Open
Wednesday, March 8, 2023	Wednesday - Early Release for grades PreK-12
Friday, April 7, 2023 *	No School - Good Friday
Friday, April 14, 2023	Spring Vacation Begins at the Close of School
Monday, April 17, 2023 *	Patriot's Day - [School Vacation: Monday, April 17 - Friday, April 21, 2023]
Monday, April 24, 2023	Schools Re-Open
Monday, May 29, 2023 *	No School - Memorial Day
Thursday, June 15, 2023	180 th School Day
Monday, June 19, 2023 *	Juneteenth
Friday, June 23, 2023	185 th School Day [Includes five (5) Snow Days]



Approved by the Lowell School Committee at their meeting of May 4, 2022

* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month			
August	1	January	20
September	19	February	15
October	20	March	23
November	18	April	14
December	17	May	22
		June	11

[Click To Access The 2022-2023 School Calendar](#)

February Breakfast & Lunch Menu

<div>  <h1>Breakfast MENU</h1> <h2>February Elementary Breakfast Menu</h2> <p>Check out https://lowellk12ma.nutrislice.com/ for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us</p> <p>All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.</p> <p>aramark  This institution is an equal opportunity provider</p> </div>					<div> <p>30 Pumpkin Bread Oatmeal Raisin Round Served with Orange, Pear, and Milk</p> </div>	<div> <p>31 Blueberry Muffin Benefit Bar Served with Juice, Pear and Milk</p> </div>	<div> <p>1 Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Apple, Orange, and Milk</p> </div>	<div> <p>2 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk</p> </div>	<div> <p>3 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana, Apple, and Milk</p> </div>
					<div> <p>6 Banana Bread Cranberry, Orange Oatmeal Round Served with Orange and Milk</p> </div>	<div> <p>7 Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk</p> </div>	<div> <p>8 Bacon, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Apple, Orange, and Milk</p> </div>	<div> <p>9 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk</p> </div>	<div> <p>10 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana, Apple, and Milk</p> </div>
					<div> <p>13 Pumpkin Bread Oatmeal Raisin Round Served with Orange, Pear and Milk</p> </div>	<div> <p>14 Blueberry Muffin Benefit Bar Served with Juice, Pear and Milk</p> </div>	<div> <p>15 Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Apple, Orange, and Milk</p> </div>	<div> <p>16 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk</p> </div>	<div> <p>17 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana, Apple, and Milk</p> </div>
					20	21	22	23	24
					February Vacation				
					<div> <p>27 Pumpkin Bread Oatmeal Raisin Round Served with Orange, Pear, and Milk</p> </div>	<div> <p>28 Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk</p> </div>	<div> <p>1 Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Apple, Orange, and Milk</p> </div>	<div> <p>2 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk</p> </div>	<div> <p>3 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana, Apple, and Milk</p> </div>

FEBRUARY 2023 Elementary

Breakfast and Lunch is Free for all Students!
Our menu consists of **Whole Grains, Fresh Fruits and Vegetables.**
Students must take a fruit and/or vegetable with each lunch.

All Meals served with milk.

Sunbutter and Jelly and Vegetarian Meals served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY FRIDAY	TUESDAY	WEDNESDAY	THURSDAY
Chicken Taco Medley Chana Masala V with Tzatziki Sauce Tomato Cucumber Salad V Hamburger & Cheeseburger -Chicken Ranch Salad with Flatbread LG -Ham and Cheese Sandwich -Broccoli & Carrots LG -Apples & Peaches -Chicken & Waffles with Maple Gravy -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Maple Carrots & Green Beans -Apples & Pears -Country Chicken Bowl with Corn Mullin -Country Vegetarian Nugget Bowl with Flatbread V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Carrots LG & Corn -Apples & Peaches	Tater Tot Beef Nacho (Vegetarian) Tater Tot Black Bean Nacho V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Platter -Chicken Caesar Wrap -Kickin' Beans & Broccoli -Clementines & Apples -Chicken Taco with 6" Tortilla Wrap -Hamburger & Cheeseburger -Black Bean Burger V -Pretzel Power Pack V -Turkey and Cheese Sandwich -Kickin' Beans & Broccoli -Oranges & Apples -Beef Nachos with Tortilla Chips -Kickin' Bean Nachos with Tortilla Chips V -Cheese Quesadilla V -Bagel Power Pack V -Red Beet Hummus Platter -Kickin' Beans & Broccoli -Oranges & Strawberries	Chicken and Vegetable Dumplings with Vegetables -General Tso Tofu Steak with Rice V -Chicken Parm Sub -Chef Salad with Flatbread LG -Ham and Cheese Sandwich -Cucumber & Carrots LG -Bananas & Apples -Chicken Parmesan with Penne -Chicken Tenders with a Dinner Roll -Mediterranean Hummus Salad with Flatbread LG V -Tuna Salad Sandwich on a Bulkie Roll -Cucumber & Carrots LG -Bananas & Apples -Penne Bolognese with Parmesan -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Italian Sub -Cucumber & Carrots LG -Bananas & Apples	Shepherd's Pie with a Dinner Roll -Fish and "Chips" with a Dinner Roll -Vegetarian Nuggets with a Dinner Roll V -Pizza Platter -Chicken Caesar Wrap -Green Beans & Tater Tots -Pears & Fresh Fruit Cup LTO: Cheesy Potato and Beef Bowl -Cheesy Potato and Vegetarian Nugget Bowl V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pretzel Power Pack V -Turkey and Cheese Sandwich -Corn & Carrots LG -Pears & Fresh Fruit Cup -Chili Garlic Popcorn Chicken Lo Mein -Cheeseburger and Hamburger -Bagel Power Pack V -Moroccan Harissa Wrap -Green Beans & Carrots LG -Pears & Fresh Fruit Cup
Chana Masala V with Tzatziki Sauce Tomato Cucumber Salad V Hamburger & Cheeseburger -Chicken Ranch Salad with Flatbread LG -Ham and Cheese Sandwich -Broccoli & Carrots LG -Apples & Peaches -Chicken & Waffles with Maple Gravy -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Maple Carrots & Green Beans -Apples & Pears -Country Chicken Bowl with Corn Mullin -Country Vegetarian Nugget Bowl with Flatbread V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Carrots LG & Corn -Apples & Peaches	Tater Tot Beef Nacho (Vegetarian) Tater Tot Black Bean Nacho V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Platter -Chicken Caesar Wrap -Kickin' Beans & Broccoli -Clementines & Apples -Chicken Taco with 6" Tortilla Wrap -Hamburger & Cheeseburger -Black Bean Burger V -Pretzel Power Pack V -Turkey and Cheese Sandwich -Kickin' Beans & Broccoli -Oranges & Apples -Beef Nachos with Tortilla Chips -Kickin' Bean Nachos with Tortilla Chips V -Cheese Quesadilla V -Bagel Power Pack V -Red Beet Hummus Platter -Kickin' Beans & Broccoli -Oranges & Strawberries	Chicken and Vegetable Dumplings with Vegetables -General Tso Tofu Steak with Rice V -Chicken Parm Sub -Chef Salad with Flatbread LG -Ham and Cheese Sandwich -Cucumber & Carrots LG -Bananas & Apples -Chicken Parmesan with Penne -Chicken Tenders with a Dinner Roll -Mediterranean Hummus Salad with Flatbread LG V -Tuna Salad Sandwich on a Bulkie Roll -Cucumber & Carrots LG -Bananas & Apples -Penne Bolognese with Parmesan -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Italian Sub -Cucumber & Carrots LG -Bananas & Apples	Shepherd's Pie with a Dinner Roll -Fish and "Chips" with a Dinner Roll -Vegetarian Nuggets with a Dinner Roll V -Pizza Platter -Chicken Caesar Wrap -Green Beans & Tater Tots -Pears & Fresh Fruit Cup LTO: Cheesy Potato and Beef Bowl -Cheesy Potato and Vegetarian Nugget Bowl V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pretzel Power Pack V -Turkey and Cheese Sandwich -Corn & Carrots LG -Pears & Fresh Fruit Cup -Chili Garlic Popcorn Chicken Lo Mein -Cheeseburger and Hamburger -Bagel Power Pack V -Moroccan Harissa Wrap -Green Beans & Carrots LG -Pears & Fresh Fruit Cup
Sausage, Egg, and Cheese Biscuit Melt -Vegetarian Sausage, Egg, and Cheese Biscuit Melt -Chicken and Vegetable Dumplings with Vegetables -Chef Salad with Flatbread LG -Chicken Salad Sandwich on a Bulkie Roll -Maple Carrots & Tater Tots -Apples & Peaches	Beef Taco with 6" Tortilla Wrap -Kickin' Bean Taco with 6" Tortilla Wrap V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Kickin' Beans & Broccoli -Oranges & Apples	MDTM: Butternut Squash Mac and Cheese LG -Cheese Quesadilla V -Greek Salad with Flatbread LG -Chicken Salad Sandwich on a Bulkie Roll -Cucumber & Carrots LG -Bananas & Apples	Szechuan Chicken with Rice -Szechuan Tofu with Rice V -Hamburger & Cheeseburger -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots LG -Pears & Fresh Fruit Cup
Sausage, Egg, and Cheese Biscuit Melt -Vegetarian Sausage, Egg, and Cheese Biscuit Melt -Chicken and Vegetable Dumplings with Vegetables -Chef Salad with Flatbread LG -Chicken Salad Sandwich on a Bulkie Roll -Maple Carrots & Tater Tots -Apples & Peaches	Beef Taco with 6" Tortilla Wrap -Kickin' Bean Taco with 6" Tortilla Wrap V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Kickin' Beans & Broccoli -Oranges & Apples	MDTM: Butternut Squash Mac and Cheese LG -Cheese Quesadilla V -Greek Salad with Flatbread LG -Chicken Salad Sandwich on a Bulkie Roll -Cucumber & Carrots LG -Bananas & Apples	Szechuan Chicken with Rice -Szechuan Tofu with Rice V -Hamburger & Cheeseburger -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots LG -Pears & Fresh Fruit Cup

This institution is an equal opportunity provider.



February Breakfast Menu.pdf

[Download](#)

444.4 KB




February Lunch Menu.pdf

[Download](#)

304.9 KB

Parent & Family Resources

Winter Reading Challenge 2023



January 23—March 11

For Children Grade 5 and Younger*

Sign up and track your progress online via Beanstack (<https://lowelllibrary.beanstack.org/reader365>) or contact the Children's Department at 978-674-1529.

Earn online badges and online raffle tickets by reading and doing activities. The more you do, the more tickets you earn for our end of Winter Reading Raffle. Prizes include a Lego Safari Wildlife Treehouse Kit, a Play-Doh Pizza Kitchen Set, and a cozy Owl Squishmallow.

**Being Read to Counts!*

Pollard Memorial Library
401 Merrimack St., Lowell, MA 01852
978-674-1529 www.LowellLibrary.org

Lowell Kid's Week: February 18th - February 26th

Day	Time	Activity	Location	Age	Cost	Registration	Contact	Website	Notes
Monday, February 20th	10 AM	Watch the Winter Youth Music Competition	Lowell National Historical Park Facebook	All	Misses Lowell	No			
Tuesday, February 21st	2 PM	Discovering Bookworms	Lowell National Historical Park Facebook	8-18	Lowell National Historical Park	No			
Wednesday, February 22nd	10 AM	Free Movie at AMC Tanglewood	www.beanstack.com/activity/activities	All	Lowell Recreation Department	Yes			
Thursday, February 23rd	11 AM	Make a Bookmark	www.lanlowell.com	All	Info books	No			
Friday, February 24th	1 PM	Light Up! Lowell's City Card	Register by contacting: pam.larocque@lowell.org	Grades K-12	Coalition for a Better Acre	Yes			
Saturday, February 25th	2 PM	Creating Silhouettes and Letter Writing	Lowell National Historical Park Facebook	All	Lowell National Historical Park	No			
Sunday, February 26th	4 PM	Meet Mike: Book History @ 730	Register by contacting: pam.larocque@lowell.org	Grades K-12	Coalition for a Better Acre	Yes			
Monday, February 27th	10 AM	All About Seeds: Monarchs, App and Food	www.mitchellgrove.org/events	All	Mill City Groves	Yes			
Tuesday, February 28th	10 AM	Lowell Public Youth Services Reading Program	Register by contacting: rmanah@lowell.org	10-18	Lowell Public Youth Services	Yes			
Wednesday, February 29th	10 AM	Print a 500 Life	www.lanlowell.com	8-14	Lowell Library	Yes			
Thursday, February 30th	10 AM	Unleash Your Inner Artist	Register by contacting: rmanah@lowell.org or 978-674-1529	Grades 4-8	Whisper House Museum of Art	Yes			
Friday, February 31st	11 AM	Make a Bookmark	www.lanlowell.com	All	Info books	No			
Saturday, February 32nd	11 AM	Little Makers	www.lanlowell.org/events	Grades K-4	Pollard Memorial Library	Yes			
Sunday, February 33rd	12 PM	Winter Nature Scavenger Hunt	www.lanlowell.org/activities/scavenger-hunt/	All	Lowell Parks and Conservation Trust	Yes			

Day	Time	Activity	Location	Age	Cost	Registration	Contact	Website	Notes
Monday, February 20th	9 AM	IDEA Camp Showcase	Reserve a spot: https://bit.ly/3K4L2H5	Grades 5-12	Project LEARN Inc	Yes			
Tuesday, February 21st	10 AM	Free Movie at AMC Tanglewood	www.beanstack.com/activity/activities	All	Lowell Recreation Department	Yes			
Wednesday, February 22nd	10 AM	Hands-on Nature Presents: Winter Observation	www.lanlowell.org/events	Grades K-12	Pollard Memorial Library	Yes			
Thursday, February 23rd	10 AM	Life Doesn't Frown at You	www.lanlowell.com	8-14	Lowell Library	Yes			
Friday, February 24th	11 AM	Make a Bookmark	www.lanlowell.com	All	Info books	No			
Saturday, February 25th	12:30 PM	Princess for a Day!	www.beanstack.com/activity/activities	5-11	Lowell Recreation Department	Yes			
Sunday, February 26th	1 PM	Make a Hanger Doll	Reserve by calling: 978-674-1529	All	Lowell National Historical Park	Yes			
Monday, February 27th	3 PM	Flamingo for Kids	Registration information: www.lanlowell.com/flamingo	8-14	Soil Langdon	Yes			
Tuesday, February 28th	10 AM	Portraits Remix	www.lanlowell.com	8-14	Lowell Library	Yes			
Wednesday, February 29th	10 AM	Winter Wildlife Exploration	www.lanlowell.org/activities/scavenger-hunt/	All	Lowell Parks and Conservation Trust	Yes			
Thursday, February 30th	11 AM	Family Game Day	www.lanlowell.org/events	Grades K-12	Pollard Memorial Library	Yes			
Friday, February 31st	11 AM	Make a Bookmark	www.lanlowell.com	All	Info books	No			
Saturday, February 32nd	12:30 PM	Princess for a Day!	www.beanstack.com/activity/activities	5-11	Lowell Recreation Department	Yes			
Sunday, February 33rd	1 PM	Exploring Coin Design and Engraving	Lowell National Historical Park Facebook	All	Lowell National Historical Park	No			
Monday, February 34th	...	Hands-On Nature	Reserve by calling:	Lowell National	...			

Day	Time	Activity	Location	Age	Cost	Registration	Contact	Website	Notes
Monday, February 20th	11 AM	Make a Bookmark	www.lanlowell.com	All	Info books	No			
Tuesday, February 21st	11 AM	Nature Dots in Winter	Reserve a spot by calling: 978-674-1529	All	Massachusetts Audubon Society	Yes			
Wednesday, February 22nd	1 PM	Exploring Coin Design and Engraving	Lowell National Historical Park Facebook	All	Lowell National Historical Park	No			
Thursday, February 23rd	2 PM	Team OY! Workshop: Button Making	www.lanlowell.org/events	Grades K-12	Pollard Memorial Library	Yes			
Friday, February 24th	6 PM	Family Movie Night!	Event information: http://bit.ly/3m2D0uY	All	The Lowell Housing Authority	Yes			
Saturday, February 25th	11 AM	Sea Pal: Making a Coral Workshop	Register with: http://www.lanlowell.com/sea-pal	5-18	Angler Grove Troop	Yes			
Sunday, February 26th	12 PM	Winter Arts and Crafts	Lowell National Historical Park Facebook	All	The Underline Arts Center	No			
Monday, February 27th	1 PM	Creative Clay Creations	www.artsoflowell.org	5-10	Art League of Lowell	No			
Tuesday, February 28th	3 PM	Whispering by Hand	Lowell National Historical Park Facebook	All	Lowell National Historical Park	No			
Wednesday, February 29th	2 PM	Creating Silhouettes and Letter Writing	Lowell National Historical Park Facebook	All	Lowell National Historical Park	No			

A Few Helpful Hints:

- All children participating in programs **MUST** be accompanied by an adult, unless otherwise noted.
- Drop-in programs are available on a first-come, first-served basis.
- Weather cancellations will be announced online. Program schedule is subject to change - please regularly check www.lanlowell.org. More information will be posted on the website closer to Lowell Kid's Week.
- You may reach the Lowell Kid's Week Coordinator at kidweek@lowell.org with any further questions.

PreK Family Focus Group: February 7th

FOCUS GROUP FOR PRE-K FAMILIES

Help us develop ways to
measure your child's preschool
experience. Your input will assist
us in continuous improvement
planning

Join us on February 7, 2023
at 4:30-5:30 PM Cardinal
O'Connell School
snow date February 9th

TELL US WHAT IS
IMPORTANT TO YOU!

This meeting is part of a
partnership between Lowell
Public Schools and UMass
Lowell

Join the conversation and
enjoy Pizza and Refreshments

To register click here:
<https://tinyurl.com/yjcpf5tw>



SNAP Benefits For Families

BOOST YOUR FOOD BUDGET.

Start with **SNAP** and get help paying for food—for you, and anyone you're responsible for.

GettingSNAP.org

WITH SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM) BENEFITS, YOU CAN:

- **Boost your grocery budget with monthly funds** you can use at locations of your choice, statewide.
- **Automatically qualify your kids for free school meals**, no application needed.
- **Automatically qualify to participate in the Healthy Incentive Program (HIP)**, which lets you earn additional money to spend on groceries when you purchase fruits and vegetables from your local participating HIP vendors.
- **Shop for the food you like**, that meets your dietary needs, allergy restrictions, and cultural preferences.

If you're having trouble paying for groceries—whether or not you're working—you could be eligible for SNAP. Visit **GettingSNAP.org** or call **1-800-645-8333** for help.



PROJECT
BREAD



An informational flyer for SNAP (Supplemental Nutrition Assistance Program) with a dark blue background and a patterned border. It includes sections for SNAP facts, eligibility, application process, and contact information. Decorative images of an orange, watermelon, and lettuce are placed around the text.

WE'RE HERE FOR YOU.

Call our **FoodSource Hotline** at **1-800-645-8333** to find out if you qualify for SNAP with help from our trained counselors.

SNAP FACTS
SNAP is the Supplemental Nutrition Assistance Program, or, in other words, money for food. If you apply and are eligible, you are guaranteed to receive the benefits—in the form of a monthly cash stipend on an EBT card, that can be used just like a debit card for food shopping.

AM I ELIGIBLE?
If you could use help affording food, you could be! SNAP can help whether you're working or currently unemployed. All types of people, from single adults to families to seniors, receive SNAP benefits—it's a benefit meant to supplement your grocery budget. Call our FoodSource Hotline or visit StartWithSnap.org to find out more.

WHAT IF I'M NOT A U.S. CITIZEN?
Go on and reach out to us via our FoodSource Hotline (1-800-645-8333). Many non-citizens are eligible for SNAP.

YOU'VE CONVINCED ME. SO HOW DO I APPLY?
Be prepped with your personal information, such as your Social Security number (if you have one), your birthdate, mailing address, phone number, income, and expenses. Then, you can:

- Call our FoodSource Hotline at 1-800-645-8333
- Apply on your own at dtaconnect.eohhs.mass.gov/apply
- Or download a paper application from mass.gov/SNAP, or call our FoodSource Hotline to request one to be sent in the mail

If you're having trouble paying for groceries—whether or not you're working—you could be eligible for SNAP. Visit GettingSNAP.org or call **1-800-645-8333** for help.

 **PROJECT BREAD** 

Mental Health Support Available

IT'S OKAY TO ASK FOR HELP



Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.



24/7/365 MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.



CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.



EASY ACCESS TO CARE

Use Care Match, the self-serve website, to find a provider on your own.

GET CONNECTED TO CARE TODAY

888-515-0595

caresolace.com/



Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, call 9-1-1 or the National Suicide Hotline 9-8-8.

Emergency Contact Form: 2022-2023

Get a jump start now and complete your emergency contact form for the 2022-2023 academic school year?

We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at adelaluz@lowell.k12.ma.us or contact the Main Office at McAvinnue for support!





Joseph A. McAvinnue School



Emergency Form Formulario de Emergencia Formulário de Emergência 2022- 2023



[Sign in to Google](#) to save your progress. [Learn more](#)

McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.

We are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.



[Click To Access Prep Sportswear Spirit Gear](#)

Mill City Grows Winter Markets

Don't let winter stop you from eating fresh local fruits and vegetables! Fresh, locally grown produce is now available for purchase through April 2023 at Mill City Grows' (MCG) Indoor Winter Mobile Markets at UMass Lowell University Crossing and MCG's ROOT Kitchen.



Shoppers can enjoy a variety of seasonal vegetables grown on farm sites in the City of Lowell as well as fresh produce sourced from area farmers and growers. Mill City Grows Mobile Markets accept SNAP/EBT, cash, credit, debit, and Mill City Grows E-Gift Cards (a great stocking stuffer: <https://squareup.com/gift/A6CVNHCK5PKAE/order>) for payment. All markets also accept HIP (Healthy Incentives Program), a SNAP benefit that provides \$1 back for every dollar spent on fruits and vegetables purchased directly from a HIP authorized farm or vendor. SNAP customers are encouraged to ask about HIP discounts while shopping.

The full Indoor Winter Mobile Market schedule can be viewed and downloaded at <https://www.millcitygrows.org/mobile-markets/>, including multilingual schedules in Khmer, Spanish, Vietnamese, Portuguese, Chinese, Haitian Creole, and Pashto. Please follow [Mill City Grows](#) on Facebook and Instagram for all scheduling updates or call 978-455-2620. The full schedule is listed below:

2022-2023 MILL CITY GROWS INDOOR WINTER MOBILE MARKET SCHEDULE

University Crossing Atrium at UMass Lowell
220 Pawtucket Street, Lowell
Monthly on Wednesdays from 2 PM – 4 PM

- **February 15, 2023**
- **March 15, 2023**
- **April 19, 2023**

* Parking is available at the Pawtucket Metered Lot across from University Crossing at 219 Pawtucket Street.

Mill City Grows ROOT Kitchen

19 Hall Street, Lowell
Bi-weekly on Thursdays from 2 PM – 5 PM

- **February 2 & 16, 2023**
- **March 2 & 16, 2023**



**Fresh,
seasonal
produce!**

Indoor Winter Farmers' Markets

Select Wednesdays & Thursdays
Starting November 16

Shop fresh and local at UMass Lowell's
University Crossing and at
Mill City Grows' ROOT Kitchen!

Use your SNAP/EBT and HIP benefits



**Fresh,
seasonal
produce!**

ROOT Kitchen at Mill City Grows

Bi-weekly on Thursdays
2pm - 5pm

2022	2023
November 17	January 5 & 19
December 1 & 15	February 2 & 16
	March 2 & 16

19 Hall Street

Community Connections & Opportunities



Winter Playgroups

The Lowell Public School's Early Childhood Department offers a series of Winter playgroups for kids under the age of 5 and their families.

Register here: <https://docs.google.com/.../1FAIpQLScox9aCS.../viewform>



LOWELL
PUBLIC SCHOOLS
Early Childhood Department
Coordinated Family and Community Engagement

STARTS THE WEEK OF JAN. 9, 2023

Winter Playgroups

Lowell Public School's CFCE program provides weekly playgroups for young children under the age of five and their families! Join the fun and invite your friends! Sing songs, read books, engage in activities and share ideas with peers.

Day	Dates	Facilitators	Location	Time	Language Support
Monday	Jan. 9 through April. 06,	LPS	Pollard Memorial Library, 401 Merrimack St.	10:00-11:00 AM	English, Khmer
Tuesday	Jan. 10 through April. 04,	LPS	Housing Authority, 580 Chelmsford St.	10:00-11:00 AM	English, Khmer
Tuesdays and Thursdays	Jan. 10 through April. 06,	LPS	YMCA, 35 YMCA Dr.	10:00-11:00 AM	English, Spanish, Khmer
Wednesday	Jan. 11 through April. 05,	LPS	St. Rita's Church, 158 Mammoth Rd.	10:00-11:00 AM	English, Spanish
Friday	Jan. 13 through March 31,	LPS	St. Rita's Church, 158 Mammoth Rd.	10:00-11:00 AM	English, Spanish, Khmer
Friday	Jan. 13 through March 31,	LPS and Anne Sullivan	Pollard Memorial Library, 401 Merrimack St.	10:00-11:00 AM	English, Spanish


CLICK HERE TO REGISTER

For questions call, Laura Valdez 978-674-2065.
Visit the Lowell Public Schools' calendar and Early Childhood homepage for more information.
<http://www.lowell.k12.ma.us>

Lowell Public Schools CFCE program is funded by the Coordinated Family & Community Engagement grant awarded to Lowell Public Schools by the Department of Early Education and Care.



6-Week English Classes




Learn English


6-Week Class Starts Feb. 6



Lowell Public Schools' Family Leadership Institute is offering FREE conversational English classes to LPS parents/guardians to be held at Lowell High, the Moody, Greenhalge, and Robinson Schools.

Monday/Wednesday 6 p.m. - 8 p.m.
OR
Tuesday/Thursday 6 p.m.- 8 p.m.



Interested?
Scan the QR code



Questions? Contact Family Leadership Institute Director Zoe Dzineku
Tuesday 9 a.m. -11 a.m.; Wednesday and Thursday 4 p.m. - 6 p.m. at :
 zdzineku@lowell.k12.ma.us
 978-930-2913



Aprendiendo Inglés

6 semanas de Clases Empezando el 6 de febrero

El Instituto de Liderazgo para las Familias de las Escuelas Públicas de Lowell están ofreciendo clases de inglés conversacional GRATUITAS a los padres/tutores de LPS se llevarán a cabo en las escuelas Lowell High, Moody, Greenhalge y Robinson.


Lunes/Miércoles 6 p.m. - 8 p.m.
O
Martes/Jueves 6 p.m.- 8 p.m.



¿Interesado?
Escanea el código QR



¿preguntas? Comuníquese con la Directora del Instituto de Liderazgo para las Familias Zoe Dzineku




រៀន អង់គ្លេស

៦សប្តាហ៍ចាប់ផ្តើមនៅថ្ងៃ ៦ កុម្ភៈ ថ្ងៃទី ៦


សាលាសាធារណៈក្រុងឡូអិល

ស្ថាប័នភាពជាម្ចាស់ផ្ទះនៃសាលាសាធារណៈឡូអិល នឹងផ្តល់ជូនថ្នាក់ សន្ទនាភាសាអង់គ្លេសដល់ម្តាយឪពុកសម្រាប់កុមារប្រចាំសាលាសាធារណៈឡូអិល (LSP) ដែលនឹងប្រារព្ធឡើងនៅក្នុង វិទ្យាល័យឡូអិល, ឆេសាលា Moody, សាលា Greenhalge, និង សាលា Robinson។


ថ្ងៃច័ន្ទ / ថ្ងៃពុធ ម៉ោង ៦ - ៨ ល្ងាច
ឬ
ថ្ងៃអង្គារ / ថ្ងៃព្រហស្បតិ៍ ម៉ោង ៦ - ៨ ល្ងាច



បើចាប់អារម្មណ៍?
សូមធ្វើការស្កេនកូដ QR code



ចំណាត់ថ្នាក់? សូមទាក់ទងម្តាយឪពុកដែលបានចុះឈ្មោះក្នុងប្រព័ន្ធស្វ័យប្រវត្តិ ឬ ទូរស័ព្ទ Zoe Dzineku តាមលេខ ៩៧៨ ៩៣០ ២៩១៣ ឬ អ៊ីម៉ែល zdzineku@lowell.k12.ma.us




Aprenda Inglês!

6-Semanas de Curso !
Aulas Iniciam 6 de Fevereiro


O Instituto de Liderança Familiar das Escolas Públicas de Lowell está oferecendo aulas GRATUITAS de Conversação em Inglês para pais e responsáveis por alunos da LPS.

As aulas serão oferecidas na Lowell High School, nas escolas Moody, Greenhalge, e Robinson.

Segunda & Quarta 6 p.m. - 8 p.m.
OU
Terça & Quinta 6 p.m.- 8 p.m.



Interessado?
Escaneie o QR code



Dúvidas?
Entre em contato com a Diretora do Instituto de Liderança Familiar: Zoe Dzineku.

Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

[Here is a list of daycare options in Lowell:](#)

- **Community Team Work (CTI)** (978) 454-5100
 - Families who are already enrolled in a CTI program...

- Call or text school-age coordinators to request a slot
 - Billy 978-995-0028, wma@commteam.org
 - Karen 978-729-7216, kshannon@commteam.org
- Families who are not enrolled in a CTI program
 - If you've filled out a CTI application in the past...
 - Contact Karen (978) 729-7216, kshannon@commteam.org to see if where you are on the waitlist (if there is a waitlist)
 - If you've never filled out a CTI application...
 - Fill out an application at 17 Kirk St., 126 Phoenix Ave
 - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
 - Karen Espinola is the school-age director
 - Fill out a application online or at the YMCA to request a slot
 - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
 - Bethel Family Childcare (978) 458-6577
 - Clarendon Family Childcare (978) 454-3026
 - Child Development and Learning (CDE) (978) 275-2843
 - ACRE Family Childcare (978) 937-5899
 - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
 - Accept girls ages 5-14 years old
 - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
 - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
 - School-age openings for after-school
 - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.



You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.



Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

Download

15.3 KB

McAvinnue's Family Read-A-Loud

"A Crankenstein Valentine"

♥ Kids Book Read Aloud: A CRANKENSTEIN VALENTINE by Samantha Berger and Dan Santat



McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at: <https://www.lowell.k12.ma.us/mcavinnue>



Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

- FaceBook:
<https://www.facebook.com/McAvinnueElementarySchool>



- Twitter: <https://twitter.com/McAvinnueLPS>
- Instagram: <http://instagram.com/mcavinnueelementarylps>
- YouTube: https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI_RLMleQ



Our Vision



Facebook



@McAvinnueLPS

McAvinnue Elementary School is a place...where there are high expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel



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